

SPORT (ABHYUDUM 2K26) REPORT SUMMARY (IQAC CELL)

Venue : Shri Rama Krishna College of Pharmacy Satna MP

College Playground / Indoor Sports Complex seminar hall c-block

Date and Duration :

Date: 05/02/2026-07/02/2026

Duration: 9:30 AM – 4:00 PM

Name of the Organizing Body

Internal Quality Assurance Cell (IQAC) Department of Physical Education / Sports Committee .

Summary / Report :

The Internal Quality Assurance Cell (IQAC) of the institution organized a **Sports and Games Activity** with the objective of promoting physical fitness, teamwork, discipline, and holistic development among students. The activity was conducted on the college playground/indoor sports complex with active support from the Sports Committee and the Department of Physical Education.

Students from various departments enthusiastically participated in different indoor and outdoor games such as **cricket, volleyball, kabaddi, badminton, athletics, and kho-kho selected indoor games**. The events were conducted smoothly under the supervision of physical education instructors, ensuring adherence to rules, fair play, and safety norms. The programmed created a lively and positive atmosphere on campus and encouraged maximum student involvement beyond academic activities.

The sports activity helped in improving the physical and mental well-being of students and provided a healthy platform for stress relief. It also contributed to the development of leadership qualities, team spirit, coordination, and sportsmanship among participants. Interaction between teachers and students outside the classroom strengthened mutual understanding and rapport.

Overall, the Sports and Games Activity organized under the guidance of IQAC was successful and achieved its objectives. Such initiatives significantly contribute to quality enhancement in higher education by supporting the overall personality development of students. IQAC recommends organizing similar sports activities on a regular basis to promote a healthy, active, and inclusive campus culture.

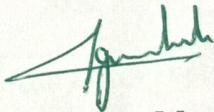
Outcomes of the Activity :

- Improved physical fitness and mental well-being of students
- Development of teamwork, leadership, and sportsmanship
- Enhanced student participation in co-curricular activities
- Promotion of discipline and time management skills
- Strengthened teacher–student interaction outside the classroom

Conclusion :

The sports and games activity organized under the guidance of IQAC was highly successful and achieved its intended objectives. Such activities play a vital role in the holistic development of students and contribute significantly to quality enhancement in higher education. IQAC recommends organizing similar activities regularly to ensure continuous improvement in student engagement and well-being.

Prepared by:
Principal / Head of the Institution


Approved by:
IQAC Coordinator